**APPENDIX D**

Targeted Early Help (Level 2). If problems do emerge, identify them early and provide effective ‘early help’ services which address and provide support on the issues concerned (Level 2). Where problems have escalated and become more complex, provide more intensive, ‘targeted’ support to help individuals/families make significant change/ improvement in their lives, preventing their situation from worsening further to the point that they require specialist support or statutory intervention.

20% + 80%

**Statutory universal (Level 1).** Help people to help themselves to maintain & improve their quality of life and prevent significant problems occurring, through the provision of a range of ‘Universal’ information & support



* Strengthening families programmes
* Domestic Violence Support (and Freedom recovery programme toolkit
* Surviving Teens programme
* Requests for Support and allocations process
* Targeted Group based activity and issue based group work Targeted Caseloads
* Common Assessment Framework/ Team around the family/Lead Professional/ Outcome Stars
* Dealing with problem debt
* TFU targeted families

**1/3rd**

* **Education, Health and Care plans (Band A-E)**
* SEND group based offer for children/young people with disabilities
* Targeted SEND parenting programmes
* **Go4 it – Promoting Positive Activities**
* Teenage parents groups
* Lesbian, Gay, Bisexual, Transgender groups
* Detached work (Antisocial behavior hotspots)
* Targeted evening based youth work
* Targeted residential/educational visits
* Homelessness
* **NEET Tracking/Follow up**
* **Intended destinations for young people**
* NEET Group/Drop In Support
* Lancashire Adult Learning training delivery
* Support for CLA learning offer
* Adults out of Work/ Employability
* Self-learning /Volunteering signposting
* Targeted Public health programmes
* Vitamin D
* Social media and online services
* Talkzone 2-10pm/ 365 days
* Youth council
* Service user involvement
* Advisory boards
* Signposting POWAR
* Signposting LINKS

Wellbeing, Prevention &

Early Help Service

**CORE CURRICULUM**

**THEMES**

**1/3rd**

**1/3rd**

* Emotional Health & Wellbeing Support activity programmes
* Behaviour and anger management programmes
* Parental conflict
* Poor parental mental health
* Strengthening families programmes
* Domestic Violence Support (and Freedom recovery programme toolkit
* Surviving Teens programme
* Requests for Support and allocations process
* Targeted Group based activity and issue based group work Targeted Caseloads
* Common Assessment Framework/ Team around the family/Lead Professional/ Outcome Stars
* Dealing with problem debt
* TFU targeted families
* Breastfeeding support initiatives
* Antenatal support (Bump, birth and beyond)
* 2 year old check integrated reviews
* Early notification process and Live Birth Follow ups
* Free Early Education Entitlements
* School Nursing Service, Health Visitor Service and Midwifery drop in and Baby clinics
* Incredible years and incredible baby (3-7, 0-2)
* NICU ward/postnatal ward support
* Play sessions focusing on speech and language, child development and behaviors
* Targeted Baby massage
* Health promotion and access to services e.g. Substance Misuse Services, Sexual Health Services, and Tobacco Control/ Smoking Cessation, Alcohol dependency
* Child Sexual Exploitation outreach work and risk assessments
* Self-harm prevention and response programmes